

## Helpful Community Numbers

Volunteers in Victim Assistance 489-3333

Sacramento County District Attorney's

Victim Witness Program 874-5701

Suicide Prevention 368-3111

Community Infoline 498-1000

Neighborhood Alternative Center 875-0560

Family Service Agency 368-3080

Trauma that inflicts entire communities is a "new species of trouble... that can be harder to recover from... These disasters tear the fabric from the community itself and people come to feel they can't trust anyone or anything, even the environment in general. It's horrifying - you can't be more alone."

~Kai Erickson

The CIRN team is sponsored by Volunteers in Victim Assistance (VIVA) the Sacramento County Victim and Witness Assistance Program and the Federal Victim Witness Program for the Eastern District of California.

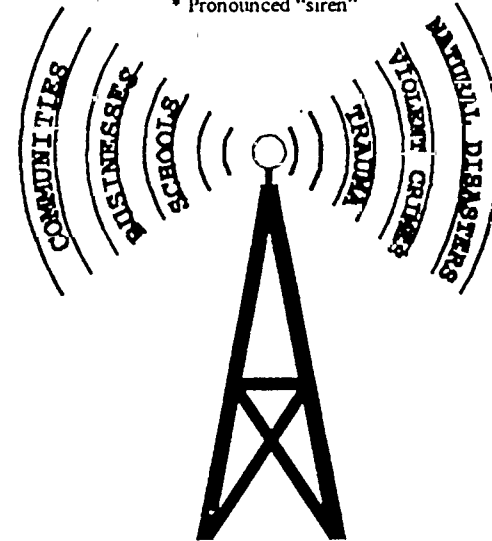
VIVA ~ Volunteers in Victim Assistance  
2701 Cottage Way, Suite 3  
Sacramento CA. 95825  
(916) 489-3333

Sacramento County District Attorney's  
Victim & Witness Assistance Program  
901 G Street  
Sacramento, CA 95814  
(916) 874-5701

U.S. Department of Justice  
United States Attorney's Office  
Eastern District of California  
Federal Victim Witness Program  
501 I Street, Suite 10-100  
Sacramento, CA 95814  
(916) 554-2776

# CRISIS INTERVENTION RESPONSE NETWORK

\* Pronounced "siren"



## CIRN

A VIVA based program



Volunteers in Victim Assistance  
2701 Cottage Way-Suite 3  
Sacramento, CA 95825  
(916) 489-3333

## What...

- The Crisis Intervention Response Network (CIRN\*) is a community crisis response team established to provide Group Crisis Intervention for Sacramento County.
- CIRN'S teams consist of fifty (50) Professionals including mental health and victim service professionals, victim advocates and crisis line volunteers. These people volunteer their time to donate this valuable service to neighborhoods, schools and businesses within 24 to 48 hours after a natural disaster, crime, catastrophe, unexpected death or serious injury.



- The CIRN team responds upon requests from the community after law enforcement and emergency personnel have left the scene.

## Who...

- A traumatic event can affect entire communities, as well as small groups and individuals. It is common to experience troublesome physical, emotional and psychological reactions following a traumatic event, yet each individual is likely to react with a different set of emotions.
- Victims, witnesses, bystanders, neighbors and co-workers who are impacted by trauma become a community of individuals who are interconnected through emotional, intellectual or physical bonds. Group Crisis Intervention provides an opportunity for survivors to interpret and understand the traumatic event.

Group Crisis Intervention is a means of helping people understand what has happened, how they are coping and how to predict and prepare for the future. A CIRN team can respond to your neighborhood, worksite, home, school or place of worship.

## How...

How to contact CIRN:

Call (916) 489-3333 and a team will respond within 24 to 48 hours.

Tell the counselor on duty that you wish to arrange for a Group Crisis Intervention.

- The counselor will take your name and number and contact a CIRN team manager. The team manager will call you back as soon as possible to gather more information about your situation.

If you are interested in joining the CIRN team, call (916) 489-3333 and leave your information on our answering machine and someone will get back to you.

\*CIRN is pronounced "Siren"

